

Step Therapy

Most medical conditions can be treated with several different drug options. There are many drugs that cost much less than others despite working the same way and being just as effective. The Step Therapy program helps you get the treatment you need at the most affordable price.

Here's how it works:



Step Therapy means trying less expensive options before moving on to more costly drugs. With this program, you would try a Step 1 drug before a Step 2 drug can be covered by your plan. A Step 2 drug will be covered if the Step 1 drug does not treat the condition it was prescribed for or if it causes side effects that stop treatment.

If your prescription is for a Step 2 drug, our pharmacy system will automatically check for Step Therapy requirements. If your pharmacy history shows you have already tried a Step 1 drug in the recent past, the prescription for the Step 2 drug may be processed. If not, the pharmacist will contact your prescriber for further explanation.

There are some drugs that need an additional step before they can be covered. For a Step 3 drug to be covered, both a Step 1 and a Step 2 drug must be tried first.

Many brand-name drugs with generic equivalents also require Step Therapy. A generic equivalent is a medication that contains the same active ingredients (what makes the medication work) as the brand-name drug, but often costs less.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call customer service at **800-759-3203**.

STEP THERAPY MEDICATIONS (2 STEPS)*

If you have a prescription for any of the following Step 2 drugs, you will need to first try a Step 1 drug(s) before the Step 2 drug is covered.

CONDITION	STEP 1	STEP 2
ACNE	Any one of the following: adapalene cream/gel/lotion/solution, tazarotene, tretinoin	Aklief
	Any one of the following: adapalene, adapalene/benzoyl peroxide, clindamycin, clindamycin/benzoyl peroxide, erythromycin, erythromycin/benzoyl peroxide, sulfacetamide, sulfacetamide/sulfur, tretinoin	Azelex
	clindamycin gel 1%	Clindagel
	clindamycin/benzoyl peroxide 1-5% gel	Acanya

Bold type = Brand-name drug Plain type = Generic drug

CONDITION	STEP 1	STEP 2
	Both of the following: tretinoin microsphere 0.04%, tretinoin microsphere 0.10%	Retin-A Micro Pump 0.06%, Retin-A Micro Pump 0.08%
ADHD	Any one of the following: methylphenidate CD/ER/LA, methylphenidate suspension/solution	Daytrana
	Any one of the following: lisdexamfetamine, methylphenidate ER/LA/CD, dextroamphetamine/amphetamine XR/ER	Azstarys, Jornay PM, Quillichew ER, Quillivant XR
	clonidine 0.1mg ER	Onyda XR
	Any one of the following: atomoxetine, clonidine ER, guanfacine ER, methylphenidate IR, dexmethylphenidate, dextroamphetamine/amphetamine	Qelbree
	Any one of the following: dextroamphetamine sulfate 5mg IR, dextroamphetamine sulfate 10mg IR, dextroamphetamine solution	Zenzedi
	Any one of the following: Concerta, Metadate CD, Methylin ER, Ritalin LA, Ritalin SR	Aptensio XR
ALZHEIMER'S/ DEMENTIA	Any one of the following: galantamine, galantamine ER	Zunveyl
	memantine IR	Namenda XR
	Both of the following: donepezil, memantine	Namzaric
ANTIBIOTICS	Any two of the following: oral metronidazole, oral tinidazole, oral clindamycin, metronidazole vaginal gel, clindamycin vaginal cream	Cleocin Vaginal Suppository, Solosec
	clindamycin vaginal cream	Clindesse
ANTICOAGULANTS	Both of the following: Eliquis, Xarelto	Pradaxa, Savaysa
ANTIFUNGALS	Both of the following: ketoconazole, clotrimazole cream	Luliconazole, Luzu
ANTI-HISTAMINES	carbinoxamine IR solution	Karbinal ER
	One of the following: desloratadine, levocetirizine	Clarinet-D 12 HR
ANTIPSYCHOTICS#	One of the following: aripiprazole, asenapine, clozapine, lurasidone, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone, Caplyta, Rexulti, Vraylar	Cobenfy
	aripiprazole	Opipza

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CONDITION	STEP 1	STEP 2
	One of the following: aripiprazole, asenapine, clozapine, lurasidone, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone	Lybalvi
	Two of the following: aripiprazole, asenapine, clozapine, lurasidone, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone	Fanapt, Secuado
ASTHMA/COPD	One of the following: Serevent, Striverdi, Perforomist	Brovana
	Both of the following: Stiolto Respimat, Anoro Ellipta	Bevespi Aerosphere, Duaklir Pressair
	Any two of the following: Asmanex, Qvar, Arnuity Ellipta	Alvesco, ArmonAir Digihaler, Pulmicort Flexhaler
	Any two of the following: Dulera, Breo Ellipta, Advair HFA	AirDuo Digihaler, AirDuo RespiClick
	One of the following: Spiriva Respimat, Incruse Ellipta	Tudorza Pressair
	albuterol HFA	Proventil HFA, Ventolin HFA
BONE HEALTH	Both of the following: alendronate, ibandronate	Actonel, Atelvia
CARDIOVASCULAR	Any one of the following: benazepril, captopril, enalapril, fosinopril, lisinopril, moexipril, perindopril, quinapril, ramipril, trandolapril, benazepril-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, quinapril-HCTZ, amlodipine-benazepril, trandolapril-verapamil, losartan, losartan-HCTZ, candesartan, candesartan-HCTZ, irbesartan, irbesartan-HCTZ, telmisartan, telmisartan-HCTZ, amlodipine-olmesartan, olmesartan, olmesartan-HCTZ, amlodipine-olmesartan-HCTZ	Edarbi, Edarbyclor
	propranolol solution	Hemangeol
	sotalol tab	Sotylize
	One of the following: bisoprolol, carvedilol, metoprolol	Corlanor
CHOLESTEROL	Any two of the following: atorvastatin, lovastatin, pravastatin, simvastatin	Altoprev, Lescol XL
	rosuvastatin	Ezallor Sprinkle
	generic statin	Nexlizet, Nexletol
	fenofibrate	Lovaza

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CONDITION	STEP 1	STEP 2
	Any one of the following: gemfibrozil, fenofibrate	Fenoglide, Lipofen
COUGH/COLD/ ALLERGY	promethazine/codeine	Tuxarin ER
DEPRESSION#	Any one of the following: phenelzine, tranylcypromine, Marplan	Emsam
	Any one of the following: bupropion, citalopram, escitalopram, fluoxetine, mirtazapine, paroxetine, sertraline, venlafaxine, desvenlafaxine, fluvoxamine, duloxetine	Auvelity, Viibryd
	Any two of the following: paroxetine, venlafaxine, fluoxetine, citalopram, sertraline, escitalopram, mirtazapine, bupropion	desvenlafaxine ER
DIABETES (NON- INSULIN)	Any one of the following: metformin, sulfonylurea, metformin/sulfonylurea	Actoplus Met, Duetact
	Any one of the following: Baqsimi, Gvoke	GlucaGen HypoKit, Zegalogue
	Any one of the following: Januvia, Janumet, Janumet XR	Alogliptin, Alogliptin/Metformin, Alogliptin/Pioglitazone, Jentadueto, Jentadueto XR, Kazana, Kombiglyze XR, Onglyza, Oseni, Sitagliptin, Tradjenta, Zituvio
	Any one of the following: metformin, metformin ER, glyburide/metformin, glipizide/metformin	Cycloset
	Any one of the following: Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo	Invokana, Invokamet, Invokamet XR, Segluromet, Steglatro
	Any two of the following: Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo	Bexaglifozin, Brenzavvy
	Any one of the following: Farxiga, Januvia, Janumet, Janumet XR, Jardiance, Synjardy, Synjardy XR, Xigduo	Qtern, Steglujan
FOLATE ANALOG METABOLIC INHIBITOR	Any one of the following: methotrexate tab, methotrexate injection	Xatmep
GASTROINTESTINAL (MISC.)	Any one of the following: Creon, Zenpep	Pertzye, Viokace
	Any one of the following: generic bowel prep, Sutab, Clenpiq	Plenvu, Suflave
GENITOURINARY	Both of the following: oxybutynin IR/XR, Myrbetriq	Gelnique, Gemtesa, Oxytrol
GOUT	colchicine cap/tab	Gloperba

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	allopurinol	Uloric
HEART FAILURE	Any two of the following: Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo	Inpefa
HORMONE REPLACEMENT	Combipatch	Climara Pro
	Any one of the following: estradiol patch, Minivelle, Vivelle-Dot	Divigel, Elestrin, Estrogel, Evamist
IMMUNOSUPPRESSION#	tacrolimus	Astagraf XL, Envarsus XR
INSOMNIA	Any one of the following: zolpidem, eszopiclone, zaleplon	Belsomra, Dayvigo, Rozerem, Quviviq
	Any one of the following: zolpidem, eszopiclone, zaleplon, doxepin solution, doxepin 10mg cap	Silenor
INSULIN	Humalog Mix 75/25	Insulin Aspart Protamine/Aspart Vial, Insulin Aspart Protamine/Aspart Flexpen
	Any one of the following: Fiasp, Lyumjev, Novolog, Insulin Lispro, Humalog U-200	Admelog, Admelog SoloStar, Insulin Aspart Vial, Insulin Aspart Flexpen, Insulin Aspart Penfill, Kirsty, Merilog, Merilog SoloStar
	Any one of the following: Insulin Glargine-yfgh, Toujeo, Tresiba	Basaglar Kwikpen
	Any two of the following: Insulin Glargine-yfgh, Toujeo, Tresiba	Basaglar Tempo, Rezvoglar Kwikpen, Semglee (yfgh)
	Any two of the following: Insulin Lispro, Novolog, Fiasp, Lyumjev (non-Tempo version)	Humalog Tempo, Lyumjev Tempo
MIGRAINE	One of the following: oral sumatriptan, rizatriptan	Relpax, Frova, Zolmitriptan Nasal Spray 2.5 mg, Zomig, Zomig Spray, Migranal, Trudhesa
NASAL	Any one of the following nasal products: flunisolide, fluticasone	Omnaris, Dymista, Qnasl
	Any one of the following nasal products: flunisolide, fluticasone, mometasone	Xhance
NAUSEA/VOMITING	Any one of the following: ondansetron tab, ondansetron ODT	Anzemet, Sancuso
	Any one of the following: 5HT3 antagonist, corticosteroid, megestrol suspension, Emend	Marinol
	Any one of the following: dronabinol cap, megestrol suspension	Syndros

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CONDITION	STEP 1	STEP 2
NEUROLOGIC	Any two of the following: amitriptyline, cyclobenzaprine IR, duloxetine, gabapentin IR, pregabalin IR	Savella
	Any two of the following: pregabalin IR, gabapentin, TCA (tricyclic antidepressant), duloxetine, venlafaxine, valproic acid, divalproex	Lyrica CR
OPHTHALMIC	timolol drops (non- Ocudose formulation)	Timoptic Ocudose
	dorzolamide/timolol	Cosopt PF
	cromolyn 4% ophthalmic solution	Alocril
	Any one of the following: epinastine ophthalmic solution, azelastine ophthalmic solution, olopatadine ophthalmic solution	Bepreve
	Any two of the following: Miebo, Xiidra , cyclosporine/ Restasis, Tyrvaya	Cequa
	Any one of the following: ketorolac ophthalmic solution, diclofenac ophthalmic solution	Bromsite, Prolensa
	Any one of the following: fluorometholone 0.1% ophthalmic suspension, dexamethasone 0.1% ophthalmic solution, prednisolone 1% ophthalmic suspension	Alrex, Flarex, FML Forte, Clobetasol Propionate 0.05% Ophthalmic Suspension, Inveltys, Maxidex, Pred Mild
	Both of the following: generic prostaglandin analog, Lumigan	Iyuzeh, Vyzulta, Xelpros
	pilocarpine ophthalmic solution	Qlosi
PAIN (NON-NARCOTIC)	diclofenac epolamine patch	Licart
PARKINSON'S	carbidopa/levodopa ER	Crexont, Rytary
	One of the following: pramipexole IR, ropinirole IR	Mirapex ER, Neupro
	One of the following: Sinemet IR, Sinemet CR, Duopa, Parcopa, Rytary	Xadago, Zelapar
	Comtan	Tasmar
PROSTATIC HYPERTROPHY	Any one of the following: finasteride 5mg, alfuzosin, doxazosin, prazosin, silodosin, tamsulosin, terazosin	Jalyn
ROSACEA	Any one of the following: Finacea Foam, Finacea Gel	Soolantra
SEIZURES#	Any two of the following: carbamazepine, divalproex, gabapentin, lamotrigine, levetiracetam, oxcarbazepine, topiramate, valproic acid, zonisamide	Oxtellar XR

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	Any one of the following: valproic acid, divalproex, clobazam	Banzel
	topiramate IR	Qudexy XR
SICKLE CELL ANEMIA	Both of the following: hydroxyurea, Droxia	Siklos
SKIN CONDITIONS (MISC.)	Any one of the following: fluocinolone acetone cream/oil/ointment/solution	Neo-Synalar
	Any one of the following: mometasone 0.1% cream/solution, triamcinolone 0.1% cream/ointment	Sernivo, Cloderm
	topical corticosteroid	Sorilux, Calcipotriene 0.005% foam, Vectical, Zithranol, Taclonex Suspension
	Any one of the following: mometasone cream/ointment, clobetasol cream/ointment, hydrocortisone 1% or 2.5% cream/ointment, triamcinolone 0.1% or 0.5% ointment	Elidel
	Any one of the following: betamethasone augmented gel/lotion/ointment, fluocinonide 0.1% cream, clobetasol aerosol/cream/gel/lotion/ointment/solution/spray, halobetasol 0.05% cream/ointment	Cordran
	Any one of the following: betamethasone 0.05% ointment/augmented cream, fluocinonide 0.05% cream/gel/ointment/solution, desoximetasone cream/gel/ointment	Halog
	Any one of the following: betamethasone 0.05% augmented cream/gel/lotion/ointment, desoximetasone cream/gel/ointment, fluocinonide cream/gel, clobetasol cream/gel/liquid/lotion/ointment/ solution/suspension, halobetasol cream/ointment	Topicort Spray, Duobri
	hydrocortisone 2.5% lotion	Hydrocortisone 2.5% Solution, Texacort
	hydrocortisone/pramoxine 2.5-1% cream	Epifoam, Pramoxone 1-1% Cream/Ointment
	calcipotriene/betamethasone ointment	Wynzora
Podofilox 0.5% solution	Condylox	
THYROID	levothyroxine	Synthroid, Thyquidity
	liothyronine	Cytomel
	Any one of the following: levothyroxine, liothyronine	Evexithroid

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CONDITION	STEP 1	STEP 2
ULCER/REFLUX	Any two of the following: omeprazole, lansoprazole, pantoprazole	Rabeprazole Sprinkle Cap
	Any one of the following: omeprazole, lansoprazole, pantoprazole	Dexilant, Prevacid Solutab, Prilosec Packet, Protonix Packet, Zegerid
ULCERATIVE COLITIS	balsalazide	Uceris
	mesalamine DR 1.2gm tab	Dipentum

STEP THERAPY MEDICATIONS (3 STEPS)*

If you have a prescription for any of the following Step 3 drugs, you will need to first try a Step 1 and a Step 2 drug(s) before the Step 3 drug is covered.

CONDITION	STEP 1	STEP 2	STEP 3
ADHD	Any one of the following: lisdexamfetamine, methylphenidate ER/LA/CD, dextroamphetamine/amphetamine XR/ER	Any one of the following: Azstarys, Jornay PM	amphetamine ER ODT, Adzenys XR-ODT, Cotempla XR-ODT, Dyanavel XR, Xelstrym
CHOLESTEROL	generic statin	Repatha	Praluent
HORMONE REPLACEMENT	Any one of the following: estradiol cream, estradiol vaginal tab	Premarin Cream	Estring, Femring, Imvexxy, Intrarosa, Osphena
OPHTHALMIC	Any one of the following: diclofenac 0.1% ophthalmic solution, ketorolac 0.5% ophthalmic solution	Ilevro	Acuvail, Nevanac
	latanoprost	Any one of the following: Alphagan P 0.1%, Azopt, Combigan, Lumigan, Simbrinza, Travatan Z	Rhopressa, Rocklatan
PHOSPHATE BINDERS	Any one of the following: calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	Velphoro	Auryxia, Fosrenol, Xphozah

Some medications listed may be excluded from coverage. Check your benefit plan documents for excluded medications.

The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan.

#Grandfathering allowed on medications under this Condition. All other Conditions do not allow grandfathering.

If you have additional questions, please call customer service at 800-759-3203 or visit [ServeYouRx.com](https://www.ServeYouRx.com).