

Step Therapy

Most medical conditions can be treated with several different drug options. There are many drugs that cost much less than others despite working the same way and being just as effective. The Step Therapy program helps you get the treatment you need at the most affordable price.

Here's how it works:



Step Therapy means trying less expensive options before moving on to more costly drugs. With this program, you would try a Step 1 drug before a Step 2 drug can be covered by your plan. A Step 2 drug will be covered if the Step 1 drug does not treat the condition it was prescribed for or if it causes side effects that stop treatment.

If your prescription is for a Step 2 drug, our pharmacy system will automatically check for Step Therapy requirements. If your pharmacy history shows you have already tried a Step 1 drug in the recent past, the prescription for the Step 2 drug may be processed. If not, the pharmacist will contact your prescriber for further explanation.

There are some drugs that need an additional step before they can be covered. For a Step 3 drug to be covered, both a Step 1 and a Step 2 drug must be tried first.

Many brand-name drugs with generic equivalents also require Step Therapy. A generic equivalent is a medication that contains the same active ingredients (what makes the medication work) as the brand-name drug, but often costs less.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call customer service at **800-759-3203**.

STEP THERAPY MEDICATIONS (2 STEPS)*

If you have a prescription for any of the following Step 2 drugs, you will need to first try a Step 1 drug(s) before the Step 2 drug is covered.

CONDITION	STEP 1	STEP 2
ACNE	Any one of the following: clindamycin-benzoyl peroxide gel, Epiduo Forte , Twyneo	Acanya⁺, Benzamycin⁺, Onexton, Veltin⁺, Ziana⁺
	Any two single-agent generic topical clindamycin products	Clindagel 1%⁺
	doxycycline or minocycline	Minolira⁺
	doxycycline AND minocycline	Seysara

Bold type = Brand-name drug Plain type = Generic drug

CONDITION	STEP 1	STEP 2
ADHD	Any two of the following: amphetamine-dextroamphetamine, dexmethylphenidate, dextroamphetamine, lisdexamfetamine, methylphenidate	Adderall, ⁺ Adderall XR, Adzenys XR-ODT, ⁺ Aptensio XR, Concerta, Cotempla XR-ODT, ⁺ Daytrana, ⁺ Desoxyn, Dyanavel XR, ⁺ Evekeo, ⁺ Evekeo ODT, Focalin, ⁺ Focalin XR, ⁺ Metadate CD, ⁺ Methylin, Methylphenidate ER, Mydayis, ⁺ Procentra, Quillichew ER, ⁺ Quillivant XR, ⁺ Relexxii, Ritalin, ⁺ Ritalin LA, ⁺ Xelstrym, ⁺ Zenzedi ⁺
	Any one of the following: amphetamine-dextroamphetamine, dexmethylphenidate, dextroamphetamine, lisdexamfetamine, methylphenidate	Azstarys, Jornay PM
	Any two of the following: atomoxetine, clonidine ER, guanfacine ER	Intuniv, ⁺ Kapvay, Qelbree, ⁺ Strattera ⁺
ALLERGIC REACTIONS	epinephrine	Epipen, Epipen Jr ⁺
ANTIBIOTICS	doxycycline or minocycline	Acticlate, ⁺ Avidoxy, Doryx, ⁺ Doryx MPC, ⁺ Doxycycline Hyclate DR 80mg, ⁺ LymePak, ⁺ Mondoxylene NL, Oracea, ⁺ Solodyn, ⁺ Targadox, ⁺ Vibramycin
	clindamycin vaginal cream or metronidazole vaginal gel	Cleocin Vaginal Suppository, ⁺ Cleocin Vaginal Cream, ⁺ Nuversa, ⁺ Vandazole
	Any one of the following: clindamycin vaginal cream, metronidazole vaginal gel, metronidazole tablet, tinidazole tablet	Solosec
ANTIFUNGALS	fluconazole AND a generic vaginal product (e.g., clotrimazole, miconazole, tioconazole, terconazole, boric acid)	Brexafemme ⁺
ANTIPSYCHOTICS#	Any two of the following: aripiprazole, asenapine, clozapine, olanzapine/olanzapine ODT, paliperidone ER, quetiapine IR/ER, risperidone/risperidone ODT, ziprasidone	Caplyta, Fanapt, Lybalvi, ⁺ Saphris, ⁺ Secuado ⁺
	Invega Sustenna or Invega Trinza	Invega Hafyera
ASTHMA/COPD	Arnuity Ellipta AND Qvar RediHaler	Alvesco, ⁺ ArmonAir Digihaler, ⁺ Asmanex, ⁺ Asmanex HFA, ⁺ Fluticasone Diskus, ⁺ Fluticasone HFA, ⁺ Pulmicort Flexhaler ⁺
	Any two of the following: budesonide-formoterol/Breyna, Advair HFA, Breo Ellipta	Advair Diskus, ⁺ AirDuo Digihaler, ⁺ AirDuo RespiClick, ⁺ Dulera, ⁺ Fluticasone/Salmeterol (ABA), ⁺ Symbicort

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CONDITION	STEP 1	STEP 2
	albuterol HFA (with the exception of Prasco manufacturer)	Albuterol HFA (Ventolin HFA ABA),⁺ Levalbuterol HFA (ABA),⁺ ProAir Digihaler,⁺ ProAir HFA,⁺ ProAir RespiClick,⁺ Proventil HFA,⁺ Ventolin HFA,⁺ Xopenex HFA⁺
	tiotropium inhalation capsules or Spiriva Respimat	Incruse Ellipta,⁺ Tudorza Pressair⁺
	Anoro Ellipta AND Stiolto Respimat	Bevespi Aerosphere,⁺ Duaklir Pressair⁺
	montelukast or zafirlukast	zileuton ER, Zyflo
CARDIOVASCULAR	Any one of the following: benazepril, captopril, enalapril, fosinopril, lisinopril, moexipril, perindopril, quinapril, ramipril, trandolapril, benazepril-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, quinapril-HCTZ, amlodipine-benazepril, trandolapril-verapamil, losartan, losartan-HCTZ, candesartan, candesartan-HCTZ, irbesartan, irbesartan-HCTZ, telmisartan, telmisartan-HCTZ, amlodipine-olmesartan, olmesartan, olmesartan-HCTZ, amlodipine-olmesartan-HCTZ	Edarbi, Edarbyclor, Tekturna HCT
	Any one of the following: amlodipine-olmesartan, amlodipine-benazepril, amlodipine-valsartan, telmisartan-amlodipine, trandolapril-verapamil, benazepril-HCTZ, candesartan-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, losartan-HCTZ, olmesartan-HCTZ, quinapril-HCTZ, telmisartan-HCTZ, olmesartan-amlodipine-HCTZ	Exforge HCT⁺
	Any two of the following: acebutolol, atenolol, betaxolol, bisoprolol, carvedilol IR/ER, labetalol, metoprolol IR/ER, nadolol, pindolol, propranolol IR/ER	Kaspargo⁺
CHOLESTEROL	Any one of the following: atorvastatin, fluvastatin/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	Altoprev, Ezallor Sprinkle, Flolipid, Lescol XL,⁺ Lipitor,⁺ Livalo,⁺ Zocor⁺
	fenofibrate or fenofibric acid	Fenoglide, Fibricor
	Any one of the following: atorvastatin, fluvastatin IR/ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND ezetimibe	Ezetimibe/Rosuvastatin (ABA),⁺ Roszet⁺

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CONDITION	STEP 1	STEP 2
CONTRACEPTION	norethindrone	Slynd⁺
	Any one of the following: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate, Taysofy	Taytulla
	Any one of the following: generic oral levonorgestrel-ethinyl estradiol, Xulane, Zafemy	Twirla⁺
DEPRESSION#	bupropion SR	Aplenzin, Bupropion XL (ABA),⁺ Forfivo XL⁺
	Any three of the following: citalopram, desvenlafaxine ER, escitalopram, fluoxetine, paroxetine IR/ER, sertraline, venlafaxine IR/ER, duloxetine, bupropion, mirtazapine	Auvelity⁺
	Any two of the following: citalopram, desvenlafaxine ER, escitalopram, fluoxetine, paroxetine IR/ER, sertraline, venlafaxine IR/ER, duloxetine, bupropion, mirtazapine	Citalopram Capsule,⁺ Drizalma Sprinkle, Paxil Suspension, Sertraline Capsule,⁺ Trintellix, Venlafaxine Tablet 112.5mg⁺
	Any two of the following: desvenlafaxine ER, duloxetine, venlafaxine IR/ER	Fetzima
DIABETES	Any one of the following: metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Cycloset, Janumet, Janumet XR, Januvia, Jentadueto, Jentadueto XR, Riomet, Tradjenta
	Any two of the following: Admelog/Insulin Lispro/Humalog, Apidra, Fiasp, Lyumjev, Novolog	Humalog Tempo,⁺ Lyumjev Tempo⁺
	Any three of the following: Basaglar, Lantus, Rezvoglar, Toujeo, Tresiba ⁺	Basaglar Tempo,⁺ Insulin Glargine (ABA),⁺ Semglee⁺
	Contour Next test strips AND OneTouch⁺ test strips	All other blood glucose test strips
	Contour Next meters AND OneTouch⁺ meters	All other blood glucose meters
	Any one of the following: Baqsimi, Glucagon (generic or Fresenius manufacturer), Zegalogue	Glucagen HypoKit,⁺ Glucagon Kit (Lilly manufacturer),⁺ Gvoke⁺
EAR CONDITIONS	ofloxacin	Cetraxal
	ofloxacin otic AND ciprofloxacin-dexamethasone otic	Ciprodex⁺
GASTROINTESTINAL (MISC.)	polyethylene glycol or lactulose	Linzess, Movantik,⁺ Symproic
	Creon AND Zenpep	Pancrease,⁺ Pertzye,⁺ Viokace⁺
	Any one of the following: Clenpiq, Suflave, Suprep	MoviPrep,⁺ OsmoPrep,⁺ Plenvu⁺

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CONDITION	STEP 1	STEP 2
GENITOURINARY	Any two of the following: darifenacin ER, fesoterodine ER, oxybutynin IR/ER, solifenacin, tolterodine IR/ER, trospium IR/ER, Myrbetriq Tablets	Gelnique, Gemtesa,⁺ Oxytrol, Toviaz⁺
	oxybutynin IR/ER or oxybutynin syrup	Vesicare LS⁺
GOUT	colchicine tablets	Colcrys,⁺ Gloperba,⁺ Mitigare⁺
	allopurinol tablets 100mg, 300mg	Allopurinol Tablets 200mg,⁺ Uloric
HEART FAILURE	Farxiga and Jardiance	Inpefa⁺
HEPATITIS B	entecavir or tenofovir	Vemlidy⁺
HORMONE REPLACEMENT	estradiol patch	Alora, Menostar, Minivelle, Vivelle-Dot⁺
	Any one of the following: Imvexxy, Osphe^{na}, Premarin Vaginal Cream	Femring
	Any two of the following: Imvexxy, Osphe^{na}, Premarin Vaginal Cream	Intrarosa
INSOMNIA	Any one of the following: doxepin, eszopiclone, temazepam, zaleplon, zolpidem IR/ER	Belsomra, Dayvigo
	zolpidem or zolpidem ER	Ambien,⁺ Ambien CR,⁺ Edluar, Zolpidem Capsule 7.5mg⁺
MIGRAINE	Any two of the following: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan/ODT, sumatriptan, zolmitriptan/ODT	sumatriptan/naproxen, Onzetra Xsail,⁺ Tosymra,⁺ Treximet,⁺ Zembrace Symtouch,⁺ Zomig Spray, Zolmitriptan Nasal Spray (ABA)
NASAL POLYPS	flunisolide nasal spray or mometasone nasal spray	Xhance⁺
NEUROLOGIC	gabapentin IR	gabapentin (once-daily), Gralise
	Any one of the following: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	pregabalin ER, Lyrica CR,⁺ Savella
OPHTHALMIC	azelastine AND olopatadine	Bepreve,⁺ Zerviate⁺
	Any one of the following: diclofenac ophthalmic, flurbiprofen ophthalmic, ketorolac ophthalmic	Bromsite,⁺ Ilevro,⁺ Nevanac,⁺ Prolensa⁺
	All of the following: latanoprost, travoprost, Lumigan	Iyuzeh,⁺ Vyzulta,⁺ Xelpros

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CONDITION	STEP 1	STEP 2
PAIN (NON-NARCOTIC ANALGESICS)	Any two of the following: celecoxib, diclofenac/CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclufenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	Cambia,⁺ Celebrex,⁺ Diclofenac Capsule 35mg (ABA),⁺ Indocin, Indomethacin Capsule 20mg (ABA), Lofena, Meloxicam Suspension, Tivorbex, Tolectin,⁺ Zipsor,⁺ Zorvolex⁺
PARKINSON'S	carbidopa-levodopa or carbidopa-levodopa ER	Rytary
	carbidopa-levodopa AND carbidopa-levodopa ODT	Dhivy⁺
	rasagiline AND selegiline	Xadago
	entacapone	Ongentys
PHOSPHATE BINDERS	Any two of the following: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl, Auryxia	Velphoro⁺
	Any two of the following: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	Fosrenol, Phoslyra
POST-HERPETIC NEURALGIA (PHN)	lidocaine patch	ZTlido⁺
PROSTATIC HYPERTROPHY	Any two of the following: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	Cardura XL
	Any one of the following: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin AND any one of the following: dutasteride, finasteride, tadalafil 5mg	Entadfi
ROSACEA	Any one of the following: azelaic acid gel, Finacea Foam, Soolantra	Epsolay,⁺ Finacea Gel, Noritate,⁺ Zilxi
	Any one of the following: metronidazole gel, Finacea Foam, Soolantra	Metrogel⁺
	Mirvaso	Rhofade⁺
SEIZURES#	topiramate IR or topiramate sprinkle	Qudexy XR,⁺ Trokendi XR⁺
	topiramate sprinkle	Eprontia⁺
	oxcarbazepine IR	oxcarbazepine ER, Oxtellar XR⁺
	Any one of the following: lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	Briviact, Xcopri
	levetiracetam ER	Elepsia XR⁺
	lacosamide IR	Motpoly XR

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CONDITION	STEP 1	STEP 2
SKIN CONDITIONS (MISC.)	Any one of the following: topical corticosteroid, pramoxine-HC, pimecrolimus, tacrolimus	Eucrisa, Opzelura⁺
	fluorouracil cream AND topical imiquimod cream 5%	Klisyri
	imiquimod cream 5%	Zyclara⁺
	tacrolimus ointment	Elidel,⁺ Protopic
	Any three of the following: clocortolone cream, fluocinolone acetonide ointment, flurandrenolide ointment, fluticasone propionate cream, hydrocortisone valerate ointment, mometasone furoate cream/lotion/solution, triamcinolone aerosol spray/cream/ointment, calcipotriene-betamethasone suspension, Enstilar, Taclonex Suspension	Sernivo
THYROID	levothyroxine tablets	Armour Thyroid, Ermeza,⁺ Levothyroxine Capsule (ABA),⁺ Niva, Synthroid,⁺ Thyquidity,⁺ Tirosint⁺
ULCER/REFLUX	Any two of the following: dexlansoprazole, esomeprazole magnesium, lansoprazole, omeprazole, pantoprazole, rabeprazole	omeprazole/sodium bicarbonate, ⁺ Aciphex,⁺ Dexilant,⁺ First-Lansoprazole Suspension, First-Omeprazole Suspension, First-Pantoprazole Suspension, Konvomep,⁺ Prevacid,⁺ Prilosec, Protonix,⁺ Rabeprazole Sprinkle Cap, Zegerid⁺
ULCERATIVE COLITIS	Apriso	Asacol HD,⁺ Delzicol,⁺ Lialda⁺
	mesalamine AND Apriso	Pentasa⁺
VITAMINS/ MINERALS	Any one of the following: ferrous fumarate, ferrous gluconate, ferrous sulfate	Accrufer⁺, Feraheme, Injectafer, Monoferric

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CONDITION	STEP 1	STEP 2
GENERIC FIRST⁺	generic equivalent	Abilify, Aczone Gel, Alphagan P, Altace, Arimidex, Arthrotec, Atacand, Avapro, Avodart, Azopt, Brovana, Bystolic, Canasa, Carbatrol, Cardizem LA, Carnitor, Cataflam, Catapres-TTS, Celexa, Cialis, Clarinex, Climara, Clobex, Colestid, Combigan, Coreg, Cortef, Cosopt, Cozaar, Delegestrogen, Depakote, Dilantin Suspension, Effector XR, Epiduo, Estrace, Exforge, Fioricet, Flomax, Generess Fe, Golytely, Halog Cream, Hyzaar, Imitrex, Inderal LA, Kenalog, Keppra, Klonopin, K-Tab, Lamictal, Lasix, Latisse, Latuda, Loestrin, Lotrel, Lyrica, Maxalt, Micardis, Mobic, Nalfon, Natroba, Neurontin, Niaspan, Nitrostat, Paxil, Plaquenil, Plavix, Pred Forte, Prinivil, Prometrium, Pylera, Questran, Ranexa, Relpax, Renagel, Restoril, Risperdal, Risperdal Consta, Safyral, Seasonique, Seroquel, Seroquel XR, Silvadene, Skelaxin, Spiriva Handihaler, Soma, Tegretol, Tenormin, Tikosyn, Timoptic, Timoptic-XE, Timoptic OcuDose, Topamax, Topicart spray, Travatan Z, Tricor, Trileptil, Uceris Tab, Valtrex, Vanadom, Vectical, Vesicare, Vigamox, Viibryd, Vimpat, Welchol, Xalatan, Yasmin, Zanaflex, Zestril, Zolof, Zonegran, Zovirax, Zyprexa

STEP THERAPY MEDICATIONS (3 STEPS)*

If you have a prescription for any of the following Step 3 drugs, you will need to first try a Step 1 and a Step 2 drug(s) before the Step 3 drug is covered.

CONDITION	STEP 1	STEP 2	STEP 3
CHOLESTEROL	Any one of the following: atorvastatin, fluvastatin/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	Livalo⁺	Zypitamag⁺

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CONDITION	STEP 1	STEP 2	STEP 3
DIABETES	Any one of the following: metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Farxiga or Xigduo XR AND Glyxambi , Jardiance , Synjardy , Synjardy XR or Trijardy XR	Bexagliflozin (ABA),⁺ Brenzavvy,⁺ Invokamet,⁺ Invokamet XR,⁺ Invokana,⁺ Qtern,⁺ Steglatro,⁺ Steglujan,⁺ Segluromet⁺
	Any one of the following: metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Janumet , Janumet XR , or Januvia AND Jentadueto , Jentadueto XR , or Tradjenta	Alogliptin,⁺ Alogliptin/Metformin,⁺ Alogliptin/Pioglitazone,⁺ Kazano,⁺ Kombiglyze XR,⁺ Nesina,⁺ Onglyza,⁺ Oseni,⁺ saxagliptin, saxagliptin/metformin, Sitagliptin,⁺ Sitagliptin/Metformin, Zituvimet, Zituvimet XR, Zituvio⁺
GASTROINTESTINAL (MISC.)	polyethylene glycol or lactulose	Linzess	Motegrity
	polyethylene glycol or lactulose	Linzess , Movantik,⁺ or Symproic	Amitiza⁺
	polyethylene glycol or lactulose	Linzess AND lubiprostone	Trulance⁺
	polyethylene glycol or lactulose	Movantik⁺ or Symproic AND lubiprostone	Relistor⁺
INSOMNIA	Any two of the following: doxepin, eszopiclone, ramelteon, temazepam, triazolam, zaleplon, zolpidem IR/ER	Belsomra or Dayvigo	Quviviq⁺

⁺May be excluded from coverage. Check your benefit plan documents for excluded medications.

*The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

#Grandfathering allowed on medications under this Condition. All other Conditions do not allow grandfathering.

ABA = Authorized Brand Alternative

If you have additional questions, please call customer service at 800-759-3203 or visit ServeYouRx.com.