

## Step Therapy

Most medical conditions can be treated with several different drug options. There are many drugs that cost much less than others despite working the same way and being just as effective. The Step Therapy program helps you get the treatment you need at the most affordable price.

### Here's how it works:



Step Therapy means trying less expensive options before moving on to more costly drugs. With this program, you would try a Step 1 drug before a Step 2 drug can be covered by your plan. A Step 2 drug will be covered if the Step 1 drug does not treat the condition it was prescribed for or if it causes side effects that stop treatment.

If your prescription is for a Step 2 drug, our pharmacy system will automatically check for Step Therapy requirements. If your pharmacy history shows you have already tried a Step 1 drug in the recent past, the prescription for the Step 2 drug may be processed. If not, the pharmacist will contact your prescriber for further explanation.

There are some drugs that need an additional step before they can be covered. For a Step 3 drug to be covered, both a Step 1 and a Step 2 drug must be tried first.

Many brand-name drugs with generic equivalents also require Step Therapy. A generic equivalent is a medication that contains the same active ingredients (what makes the medication work) as the brand-name drug, but often costs less.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call customer service at **800-759-3203**.

### STEP THERAPY MEDICATIONS (2 STEPS)\*

If you have a prescription for any of the following Step 2 drugs, you will need to first try a Step 1 drug(s) before the Step 2 drug is covered.

CONDITION	STEP 1	STEP 2
ACNE	<b>Any one of the following:</b> adapalene cream/gel/lotion/solution, tazarotene, tretinoin	<b>Aklief</b>
	<b>Any one of the following:</b> adapalene, adapalene/benzoyl peroxide, clindamycin, clindamycin/benzoyl peroxide, erythromycin, erythromycin/benzoyl peroxide, sulfacetamide, sulfacetamide/sulfur, tretinoin	<b>Azelex</b>
	clindamycin/benzoyl peroxide 1-5% gel	<b>Acanya</b>

**Bold type** = Brand-name drug Plain type = Generic drug

CONDITION	STEP 1	STEP 2
	<b>Any one of the following:</b> azelaic acid, benzoyl peroxide, clindamycin, erythromycin, metronidazole, sulfacetamide, sulfacetamide/sulfur	<b>Amzeeq, Onexton, Ziana</b>
	<b>Both of the following:</b> tretinoin microsphere 0.04%, tretinoin microsphere 0.10%	<b>Retin-A Micro Pump 0.08%</b>
ADHD	<b>Any one of the following:</b> methylphenidate CD/ER/LA, methylphenidate suspension/solution	<b>Daytrana</b>
	<b>Any one of the following:</b> lisdexamfetamine, methylphenidate ER/LA/CD, dextroamphetamine/amphetamine XR/ER	<b>Azstarys, Jornay PM, Quillichew ER, Quillivant XR</b>
	clonidine 0.1mg ER	<b>Onyda XR</b>
	<b>Any one of the following:</b> atomoxetine, clonidine ER, guanfacine ER, methylphenidate IR, dexmethylphenidate, dextroamphetamine/amphetamine	<b>Qelbree</b>
	<b>Any one of the following:</b> dextroamphetamine sulfate 5mg IR, dextroamphetamine sulfate 10mg IR, dextroamphetamine solution	<b>Zenzedi</b>
	<b>Any one of the following:</b> generic <b>Concerta</b> , generic <b>Metadate CD</b> , generic <b>Methylin ER</b> , generic <b>Ritalin LA</b> , generic <b>Ritalin SR</b>	methylphenidate XR, <b>Aptensio XR</b>
ALZHEIMER'S/ DEMENTIA	<b>Any one of the following:</b> galantamine, galantamine ER	<b>Zunveyl</b>
	memantine IR	<b>Namenda XR</b>
	<b>Both of the following:</b> donepezil, memantine	<b>Namzaric</b>
ANTIBIOTICS	<b>Any two of the following:</b> oral metronidazole, oral clindamycin, metronidazole vaginal gel, clindamycin vaginal cream	<b>Cleocin Vaginal Suppository, Clindesse, Nuversa, Solosec, Xaciat</b>
	doxycycline	<b>Targadox</b>
ANTICOAGULANTS	<b>Both of the following:</b> <b>Eliquis, Xarelto</b>	<b>Pradaxa, Savaysa</b>
ANTIFUNGALS	<b>Both of the following:</b> ketoconazole, clotrimazole cream	<b>Luliconazole, Luzu</b>
ANTI-HISTAMINES	carbinoxamine IR solution	<b>Karbinal ER</b>
	<b>Any one of the following:</b> desloratadine, levocetirizine	<b>Clarinet-D 12 HR</b>

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CONDITION	STEP 1	STEP 2
ANTIPSYCHOTICS#	<b>Any one of the following:</b> aripiprazole, asenapine, clozapine, lurasidone, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone, <b>Caplyta, Rexulti, Vraylar</b>	<b>Cobenfy</b>
	aripiprazole	<b>Opipza</b>
	<b>Any one of the following:</b> aripiprazole, asenapine, clozapine, lurasidone, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone	<b>Lybalvi</b>
	<b>Any two of the following:</b> aripiprazole, asenapine, clozapine, lurasidone, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone	risperidone 1mg/mL solution, risperidone ODT, <b>Fanapt, Secuado, Versacloz</b>
ASTHMA/COPD	<b>Any one of the following:</b> <b>Perforomist, Serevent, Striverdi</b>	<b>Brovana</b>
	<b>Both of the following:</b> <b>Anoro Ellipta, Stiolto Respimat</b>	<b>Bevespi Aerosphere, Duaklir Pressair</b>
	<b>Any two of the following:</b> <b>Arnuity Ellipta, Asmanex, Qvar</b>	<b>Alvesco, ArmonAir Digihaler, Pulmicort Flexhaler</b>
	<b>Any two of the following:</b> <b>Advair HFA, Breo Ellipta, Dulera</b>	<b>AirDuo Digihaler, AirDuo RespiClick</b>
	<b>Any one of the following:</b> <b>Incruse Ellipta, Spiriva Respimat</b>	<b>Tudorza Pressair</b>
	albuterol HFA	<b>Proventil HFA, Ventolin HFA</b>
BONE HEALTH	<b>Both of the following:</b> alendronate, ibandronate	<b>Actonel, Atelvia</b>
CARDIOVASCULAR	<b>Any one of the following:</b> benazepril, captopril, enalapril, fosinopril, lisinopril, moexipril, perindopril, quinapril, ramipril, trandolapril, benazepril-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, quinapril-HCTZ, amlodipine-benazepril, trandolapril-verapamil, losartan, losartan-HCTZ, candesartan, candesartan-HCTZ, irbesartan, irbesartan-HCTZ, telmisartan, telmisartan-HCTZ, amlodipine-olmesartan, olmesartan, olmesartan-HCTZ, amlodipine-olmesartan-HCTZ	<b>Edarbi, Edarbyclor</b>
	propranolol solution	<b>Hemangeol</b>
	sotalol tab	<b>Sotylize</b>
	<b>Any one of the following:</b> bisoprolol, carvedilol, metoprolol	<b>Corlanor</b>

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CONDITION	STEP 1	STEP 2
CHOLESTEROL	<b>Any two of the following:</b> atorvastatin, lovastatin, pravastatin, simvastatin	<b>Altoprev, Lescol XL</b>
	generic statin	<b>Nexletol, Nexlizet, Repatha</b>
	fenofibrate	<b>Lovaza</b>
	<b>Any one of the following:</b> gemfibrozil, fenofibrate	<b>Fenoglide, Lipofen</b>
COUGH/COLD/ ALLERGY	promethazine/codeine	<b>Tuxarin ER</b>
DEPRESSION#	<b>Any one of the following:</b> phenelzine, tranylcypromine, <b>Marplan</b>	<b>Emsam</b>
	<b>Any one of the following:</b> bupropion, citalopram, escitalopram, fluoxetine, mirtazapine, paroxetine, sertraline, venlafaxine, desvenlafaxine, fluvoxamine, duloxetine	<b>Auvelity, Citalopram 30mg Cap, Sertraline Cap, Venlafaxine Besylate 112.5mg</b>
	<b>Any two of the following:</b> paroxetine, venlafaxine, fluoxetine, citalopram, sertraline, escitalopram, mirtazapine, bupropion	desvenlafaxine ER
	duloxetine	<b>Drizalma Sprinkle</b>
	<b>Any one of the following:</b> bupropion, bupropion SR, bupropion XL	<b>Forfivo XL</b>
DIABETES (NON- INSULIN)	<b>Any one of the following:</b> metformin, sulfonyleurea, metformin/sulfonyleurea	<b>Actoplus Met, Duetact</b>
	<b>Any one of the following:</b> <b>Baqsimi, Gvoke</b>	<b>GlucaGen HypoKit, Zegalogue</b>
	<b>Any one of the following:</b> <b>Januvia, Janumet, Janumet XR</b>	<b>Alogliptin, Alogliptin/Metformin, Alogliptin/Pioglitazone, Jentaducto, Jentaducto XR, Kazana, Kombiglyze XR, Onglyza, Oseni, Sitagliptin, Tradjenta, Zituvio</b>
	<b>Any one of the following:</b> metformin, metformin ER, glyburide/metformin, glipizide/metformin	<b>Cycloset</b>
	<b>Any one of the following:</b> <b>Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo XR</b>	<b>Invokana, Invokamet, Invokamet XR, Segluromet, Steglatro</b>
	<b>Any two of the following:</b> <b>Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo XR</b>	<b>Bexaglifozin, Brenzavvy, Qtern, Steglujan</b>
	<b>Any one of the following:</b> <b>Farxiga, Januvia, Janumet, Janumet XR, Jardiance, Synjardy, Synjardy XR, Xigduo XR</b>	dapagliflozin/saxagliptin

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CONDITION	STEP 1	STEP 2
FOLATE ANALOG METABOLIC INHIBITOR	<b>Any one of the following:</b> methotrexate tab, methotrexate injection	Xatmep
GASTROINTESTINAL (MISC.)	<b>Both of the following:</b> Creon, Zenpep	Pancreaze, Pertzye, Viokace
	<b>Any one of the following:</b> generic bowel prep, Sutab, Clenpiq	Plenvu, Suflave
GENITOURINARY	<b>Both of the following:</b> oxybutynin IR/XR, Myrbetriq	Gelnique, Gemtesa, Oxytrol
GOUT	colchicine cap/tab	Gloperba
HEART FAILURE	<b>Any two of the following:</b> Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo XR	Inpefa
HIV-RELATED DIARRHEA	any anti-retroviral medication	Mytesi
HORMONE REPLACEMENT	Combipatch	Climara Pro
	<b>Any one of the following:</b> estradiol patch (generic Climara, Minivelle, Vivelle-Dot)	Divigel, Elestrin, Estrogel
	<b>Any two of the following:</b> estradiol gel (generic Divigel, Estrogel), estradiol patch (generic Climara, Minivelle, Vivelle-Dot)	Evamist, Femring
	<b>Both of the following:</b> estradiol cream, estradiol vaginal tab	Estring, Imvexxy, Intrarosa, Osphena
IMMUNOSUPPRESSION#	tacrolimus	Astagraf XL, Envarsus XR
INSOMNIA	<b>Any one of the following:</b> eszopiclone, zaleplon, zolpidem	Belsomra, Dayvigo, Rozerem, Quviviq
	<b>Any one of the following:</b> doxepin solution, doxepin 10mg cap, eszopiclone, zaleplon, zolpidem	Silenor
INSULIN	Humalog Mix 75/25	Insulin Aspart Protamine/Aspart Vial, Insulin Aspart Protamine/Aspart Flexpen
	<b>Any one of the following:</b> Fiasp, Humalog U-200, Insulin Lispro, Lyumjev, Novolog	Admelog, Admelog SoloStar, Apidra, Insulin Aspart Vial, Insulin Aspart Flexpen, Insulin Aspart Penfill, Kirsty, Merilog, Merilog SoloStar
	<b>Any one of the following:</b> Insulin Glargine-yfgn, Toujeo, Tresiba	Basaglar Kwikpen, Rezvoglar Kwikpen, Semglee (yfgn)
MIGRAINE	<b>Any one of the following:</b> oral sumatriptan, rizatriptan	Frova, Migranal, Relpax, Zolmitriptan Nasal Spray 2.5mg, Zomig, Zomig Spray

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CONDITION	STEP 1	STEP 2
NASAL	<b>Any one of the following nasal products:</b> flunisolide, fluticasone	<b>Dymista, Omnaris, Qnasl</b>
	<b>Any one of the following nasal products:</b> flunisolide, fluticasone, mometasone	<b>Xhance</b>
NAUSEA/VOMITING	<b>Any one of the following:</b> ondansetron tab, ondansetron ODT	<b>Anzemet, Sancuso</b>
	<b>Any one of the following:</b> 5HT3 antagonist, corticosteroid, megestrol suspension, <b>Emend</b>	<b>Marinol</b>
	dronabinol cap	<b>Syndros</b>
NEUROLOGIC	<b>Any two of the following:</b> amitriptyline, cyclobenzaprine IR, duloxetine, gabapentin IR, pregabalin IR	milnacipran, <b>Savella</b>
	<b>Any two of the following:</b> pregabalin IR, gabapentin, TCA (tricyclic antidepressant), duloxetine, venlafaxine, valproic acid, divalproex	<b>Lyrica CR</b>
OPHTHALMIC	timolol drops (non- <b>Ocudose</b> formulation)	<b>Timoptic Ocudose</b>
	dorzolamide/timolol	<b>Cosopt PF</b>
	cromolyn 4% ophthalmic solution	<b>Alocril</b>
	<b>Any one of the following:</b> epinastine ophthalmic solution, azelastine ophthalmic solution, olopatadine ophthalmic solution	<b>Bepreve</b>
	<b>Any two of the following:</b> cyclosporine/ <b>Restasis</b> (single-dose), <b>Miebo, Tryptyr, Tyrvaya, Xiidra</b>	<b>Cequa, Restasis</b> (multi-dose)
	<b>Any one of the following:</b> ketorolac ophthalmic solution, diclofenac ophthalmic solution	<b>Bromsite, Prolensa</b>
	<b>Any one of the following:</b> fluorometholone 0.1% ophthalmic suspension, dexamethasone 0.1% ophthalmic solution, prednisolone 1% ophthalmic suspension	<b>Alex, Clobetasol Propionate 0.05% Ophthalmic Suspension, Flarex, FML Forte, Inveltys, Maxidex, Pred Mild</b>
	<b>Both of the following:</b> generic prostaglandin analog (e.g., bimatoprost, latanoprost, tafluprost, travoprost), <b>Lumigan</b>	<b>Iyuzeh, Vyzulta, Xelpros</b>
	pilocarpine ophthalmic solution	<b>Qlosi</b>
PARKINSON'S	carbidopa/levodopa ER	<b>Crexont, Rytary</b>
	<b>Any one of the following:</b> pramipexole IR, ropinirole IR	<b>Mirapex ER, Neupro</b>
	selegiline	<b>Zelapar</b>
	<b>Comtan</b>	<b>Tasmar</b>

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CONDITION	STEP 1	STEP 2
PROSTATIC HYPERTROPHY	<b>Any one of the following:</b> finasteride 5mg, alfuzosin, doxazosin, prazosin, silodosin, tamsulosin, terazosin	<b>Jalyn</b>
ROSACEA	<b>Any one of the following: Finacea Foam, Finacea Gel</b>	<b>Soolantra</b>
SEIZURES#	<b>Any two of the following:</b> carbamazepine, divalproex, gabapentin, lamotrigine, levetiracetam, oxcarbazepine, topiramate, valproic acid, zonisamide	<b>Oxtellar XR</b>
	<b>Any one of the following:</b> valproic acid, divalproex, clobazam	<b>Banzel</b>
	topiramate IR	<b>Qudexy XR</b>
SICKLE CELL ANEMIA	<b>Both of the following:</b> hydroxyurea, <b>Droxia</b>	<b>Siklos</b>
SKIN CONDITIONS (MISC.)	<b>Any one of the following:</b> fluocinolone acetonide cream/oil/ointment/solution	<b>Neo-Synalar</b>
	<b>Any one of the following:</b> mometasone 0.1% cream/solution, triamcinolone 0.1% cream/ointment	<b>Cloderm, Sernivo</b>
	topical corticosteroid	<b>Calcipotriene 0.005% Foam, Sorilux, Taclonex Suspension, Vectical, Zithranol</b>
	<b>Any one of the following:</b> mometasone cream/ointment, clobetasol cream/ointment, hydrocortisone 1% or 2.5% cream/ointment, triamcinolone 0.1% or 0.5% ointment	<b>Elidel</b>
	<b>Any one of the following:</b> betamethasone augmented gel/lotion/ointment, fluocinonide 0.1% cream, clobetasol aerosol/cream/gel/lotion/ointment/solution/spray, halobetasol 0.05% cream/ointment	<b>Cordran</b>
	<b>Any one of the following:</b> betamethasone 0.05% ointment/augmented cream, fluocinonide 0.05% cream/gel/ointment/solution, desoximetasone cream/gel/ointment	<b>Halog</b>
	<b>Any one of the following:</b> betamethasone 0.05% augmented cream/gel/lotion/ointment, desoximetasone cream/gel/ointment, fluocinonide cream/gel, clobetasol cream/gel/liquid/lotion/ointment/ solution/suspension, halobetasol cream/ointment	<b>Duobri, Topicort Spray</b>
hydrocortisone 2.5% lotion	<b>Hydrocortisone 2.5% Solution, Texacort</b>	

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CONDITION	STEP 1	STEP 2
	hydrocortisone/pramoxine 2.5-1% cream	<b>Epifoam, Pramosone 1-1% Cream/Ointment</b>
	<b>Any one of the following:</b> calcipotriene/betamethasone, <b>Enstilar</b>	<b>Wynzora</b>
	podofilox solution	podofilox gel, <b>Condylox</b>
THYROID	levothyroxine tab	<b>Levothyroxine Cap, Synthroid, Tirosint</b>
	liothyronine	<b>Cytomel</b>
	<b>Any one of the following:</b> levothyroxine tab, liothyronine	<b>Adthyza, Armour Thyroid, Evexithroid, Niva Thyroid, NP Thyroid, Renthroid, Thyroid</b>
ULCER/REFLUX	<b>Any two of the following:</b> omeprazole, lansoprazole, pantoprazole	<b>Rabeprazole Sprinkle Cap</b>
	<b>Any one of the following:</b> omeprazole, lansoprazole, pantoprazole	<b>Dexilant, Prevacid Solutab, Prilosec Packet, Protonix Packet, Zegerid</b>
ULCERATIVE COLITIS	balsalazide	<b>Uceris</b>
	mesalamine DR 1.2gm tab	<b>Dipentum</b>

### STEP THERAPY MEDICATIONS (3 STEPS)\*

If you have a prescription for any of the following Step 3 drugs, you will need to first try a Step 1 and a Step 2 drug(s) before the Step 3 drug is covered.

CONDITION	STEP 1	STEP 2	STEP 3
ADHD	<b>Any one of the following:</b> lisdexamfetamine, methylphenidate ER/LA/CD, dextroamphetamine/amphetamine XR/ER	<b>Any one of the following:</b> <b>Azstarys, Jornay PM</b>	amphetamine ER ODT, <b>Adzenys XR-ODT, Cotempla XR-ODT, Dyanavel XR, Xelstrym</b>
CHOLESTEROL	generic statin	<b>Repatha</b>	<b>Praluent</b>
OPHTHALMIC	<b>Any one of the following:</b> diclofenac 0.1% ophthalmic solution, ketorolac 0.5% ophthalmic solution	<b>Illevro</b>	<b>Acuvail, Nevanac</b>
	latanoprost	<b>Any one of the following:</b> <b>Alphagan P 0.1%, Azopt, Combigan, Lumigan, Simbrinza, Travatan Z</b>	<b>Rhopressa, Rocklatan</b>

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CONDITION	STEP 1	STEP 2	STEP 3
	<b>Any one of the following:</b> bimatoprost, latanoprost, tafluprost, travoprost, <b>Lumigan</b>	<b>Any one of the following:</b> apraclonidine, betaxolol, brimonidine, brinzolamide, carteolol, dorzolamide, levobunolol, timolol, <b>Simbrinza</b>	<b>Omlonti</b>
<b>PHOSPHATE BINDERS</b>	<b>Any one of the following:</b> calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	<b>Velphoro</b>	<b>Auryxia, Fosrenol, Xphozah</b>

Some medications listed may be excluded from coverage. Check your benefit plan documents for excluded medications.

The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan.

#Grandfathering allowed on medications under this Condition. All other Conditions do not allow grandfathering.

**If you have additional questions, please call customer service at 800-759-3203 or visit [ServeYouRx.com](https://www.ServeYouRx.com).**